








Newport 60+ Activity Center







AUGUST



2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Open Pool Monday-Friday, 8:30 A—5:00 P</p> <p>Ping Pong whenever the Education Room</p>	<p>Color Legend</p> <p>Lounge = Pink Wellness Center = Blue Education Room = Red Multi-Purpose Room = Green</p>	<p>1</p> <p>Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Chair Yoga 11:05 A Scrabble 1:00 P Knitting 1:30 P</p>	<p>2</p> <p>Watercolor 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Dominoes 11:30 A Lunch 12:00 P Beginning Line Dance 1:00 P Improvers Line Dance 2:00 P Intermediate Line Dance 3:00 P</p>	<p>3</p> <p>Watercolor 9:00 A SS Classic 10:00 A Chair Yoga 11:05 A Tai Chi 1:00 P Mahjong 1:00 P Watercolor 1:00 P</p>	<p>4</p> <p>Blood Pressure Clinic 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Dominoes 11:30 A Lunch 12:00 P Strength & Balance 1:00 P</p>	<p>5</p> <p>TRIP</p> 
<p>6</p> 	<p>7</p> <p>Move with Mary 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mahjong 1:00 P Computer 101 1:00 P Social Ballroom Dancing 1:30 P Open Mic & Music Jam 2:45 P</p>	<p>8</p> <p>HIKE</p> <p>Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Sr Discussion Grp 11:00 A Chair Yoga 11:05 A Scrabble 1:00 P Prevent Type 2 Diabetes 1:30 P Knitting 1:30 P Catch a Wink Talk 2:00 P</p>	<p>9</p> <p>Drawing w/ Colored Pencils 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Dominoes 11:30 A Lunch 12:00 P Beginning Line Dance 1:00 P PEARLS 1:00 P Improvers Line Dance 2:00 P Intermediate Line Dance 3:00 P</p>	<p>10</p> <p>TRIP</p> <p>SS Classic 10:00 A Chair Yoga 11:05 A Duplicate Bridge 12:30 P Tai Chi 1:00 P Mahjong 1:00 P Jin Shin Jyutsu 2:00 P</p>	<p>11</p> <p>Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Dominoes 11:30 A Lunch 12:00 P Strength & Balance 1:00 P</p> 	<p>12</p> 
<p>13</p> 	<p>14</p> <p>Coffee with Sonia 10:00 A Move with Mary 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mahjong 1:00 P Computer 101 1:00 P Social Ballroom Dancing 1:30 P</p>	<p>15</p> <p>Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Walk with Ease 11:00 A Chair Yoga 11:05 A Food Hero Recipe Tasting 11:30 A Scrabble 1:00 P Knitting 1:30 P</p>	<p>16</p> <p>Drawing w/ Colored Pencils 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Dominoes 11:30 A Lunch 12:00 P Sr Assoc Board Mtg 1:00 P Beginning Line Dance 1:00 P PEARLS 1:00 P Improvers Line Dance 2:00 P Intermediate Line Dance 3:00 P</p>	<p>17</p> <p>Friends Comm. Mtg. 9:30 A SS Classic 10:00 A Walk with Ease 11:00 A Chair Yoga 11:05 A Duplicate Bridge 12:30 P Tai Chi 1:00 P Mahjong 1:00 P</p>	<p>18</p> <p>TRIP</p> <p>Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Dominoes 11:30 A Lunch 12:00 P Strength & Balance 1:00 P</p> 	<p>19</p> 

see other side

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 	21 Move with Mary 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mahjong 1:00 P Computer 101 1:00 P Social Ballroom Dancing 1:30 P Open Mic & Music Jam 2:45 P	22 Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Walk with Ease 11:00 A Chair Yoga 11:05 A Scrabble 1:00 P Knitting 1:30 P Rockin' to the 50's 2:00 pm	23 Drawing w/ Colored Pencils 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Dominoes 11:30 A August Birthday Lunch 12:00 P Beginning Line Dance 1:00 P PEARLS 1:00 P Jewelry Repair Clinic 1:00 P Improvers Line Dance 2:00 P Intermediate Line Dance 3:00 P	24 HIKE SS Classic 10:00 A Walk with Ease 11:00 A Chair Yoga 11:05 A Duplicate Bridge 12:30 P Tai Chi 1:00 P Mahjong 1:00 P	25 Arthritis Exercise 9:30 A Bingo 11:00 A Pinochle 11:00 A Dominoes 11:30 A Lunch 12:00 P Strength & Balance 1:00 P The Dating Game 2:00 p	26 TRIP 
27 	28 Move with Mary 10:00 A Bingo 11:00 A Dance with Mary 11:00 A Party Bridge 11:00 A Lunch 12:00 P Mahjong 1:00 P Computer 101 1:00 P Social Ballroom Dancing 1:30 P	29 Quilting Social 9:00 A Meditation 9:00 A Wii Bowling 9:30 A SS Classic 10:00 A Walk with Ease 11:00 A Chair Yoga 11:05 A Scrabble 1:00 P Prevent Type 2 Diabetes 1:30 P Knitting 1:30 P It's a Scam! 2:00 P	30 Drawing w/ Colored Pencils 9:00 A Arthritis Exercise 9:30 A Bingo 11:00 A Dominoes 11:30 A Beginning Line Dance 1:00 P PEARLS 1:00 P Improvers Line Dance 2:00 P Intermediate Line Dance 3:00 P	31 SS Classic 10:00 A Walk with Ease 11:00 A Chair Yoga 11:05 A Duplicate Bridge 12:30 P Tai Chi 1:00 P Mahjong 1:00 P		
Check Out These Classes/Activities Drawing with Colored Pencils, Wednesdays, 9:00-11:00 A, beginning August 2 Catch a Wink: Sleep Hygiene & Aromatherapy for Wellness, Tuesday, August 8, 2:00-3:00 P Virtual/In-Person Walk with Ease, Tuesdays & Thursdays, 11:00 A-Noon, beginning August 15 Food Hero Recipe Tasting, 3rd Tuesday of the month, 11:30 A-1:00 P, beginning August 15 Rockin' to the 50's, Tuesday, August 22, 2:00-4:00 P August Birthday Lunch Celebration, Wednesday, August 23, 12:00-1:00 P Jewelry Repair Clinic, Wednesday, August 23, 1:00 -3:00 P The Dating Game, Friday, August 25, 2:00 -3:00 P It's a Scam!: How to Avoid Financial Scams, Tuesday, August 29, 2:00-3:00 P			TRIPS Brownsville Antique Faire, Brownsville, OR — Saturday, August 5, 8:00 A—5:00 P Cost: \$15 Members, \$20 Non Members Scandinavian Festival, Junction City, OR — Thursday, August 10, 8:00 A—5:00 P Cost: \$15 Members, \$20 Non Members Oceanview Senior Living Luau, Friday, August 18, 11:00 A—2:00 P No Cost Oregon State Fair, Salem, OR— Saturday, August 26, 8:00 A—5:00 P Cost: \$20 Members, \$25 Non Members HIKES Olalla Reservoir Trail, Toledo Rock, OR — Tuesday, August 8, 10:00 A—1:00 P Cost: \$5 Members, \$6 Non Members John Maré Woodland Trail, Waldport, OR — Thursday, August 24, 10:00 A—1:00 P Cost: \$5 Members, \$6 Non Members			Visit our website at www.newportoregon.gov/sc Newport 60+ Activity Center 20 SE 2nd St., Newport, OR 541-265-9617 Meal Site 541-574-0669 CENTER HOURS Monday—Friday 8:30 am to 5:00 pm